



Ballroom Dance

Lessons
Tuesday Night

7:30 PM



Contact:
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Newsletter

March 2023

Welcome to March at TASCA!! We have so much going on to help you Enjoy Your Free time! Games galore but so much more!!!

Thursday, March 9, we have an exciting activity/fundraiser planned: Several chefs from area senior businesses are having a **Soup Off!** to see who has the best homemade soup and cornbread! It all starts at noon and includes bingo and more for only \$10 – proceeds to benefit TASCA.

Friday, March 10, is a dance sponsored by the Tuesday night dance class. Dinner & dancing at The Ranch: 7-10 PM, \$35/person; coat/tie; Band: **Second Childhood!!** Contact Jim Gehring at 903 245 9272 for more info.

St. Patrick's Day Potluck Lunch Tuesday March 14 at 10:45 AM.; sign up in lobby for dishes to bring & come play bingo & other games. Wear green!

Tuesday March 21 is Lunch and Learn with informative program presented by American Foundation for Suicide Prevention at 11 a.m. Lunch included.

Country and Western Dances continue on Friday, March 3 and Saturday, March 18, with the Country Drive Band featured. **BINGO is Monday, March 20, 6 p.m. and the Progressive Pot is more than \$150!**

Thursday, March 23, from 10:30 to 11:30 AM. our Tai Chi exercise class will begin and run for 8 weeks. The classes will be taught by trained instructors from the Agency on Aging & the class is free to TASCA members! Sign up in the lobby required for TAI CHI by noon Monday, March 20.

Coming April 11 is a FRAUD SUMMIT presented by the FBI—8:30 AM till 12:30 PM. with speakers every twenty minutes and plenty of time for Individual Questions – more to come. Bring all your questions on scams!

Then **Thursday, April 13, will be our annual member meeting**, this year At 10:30 AM. in the Ranch. The meeting will be held and then lunch will be served; sign up in the lobby to reserve your spot for this Important yearly meeting.

Coming on Wednesday, May 17 will be a Senior Health Fair!!!

WOW – so many exciting events! Invite friends and family to come Join TASCA so they can enjoy all our activities and educational events at TASCA!