

Well summer is about over and we definitely won't miss the heat – bring on some Cooler temperatures Fall!!

Try something new at TASCA this month – have you ever been to our monthly **POTLUCK LUNCH** – it is normally on the second Tuesday of each month – in the Auditorium of the main building at 11 a.m. if you feel like cooking something that's great – but you can also just buy a food item to bring – the main thing is bring yourself to meet and visit with other TASCA Members!! September Potluck will be Tuesday Sept. 12.

Have you ever attended **BINGO** night??!! == it is such fun – it is scheduled on the third Monday of each month – doors open at 5:30 and the games begin at 6 p.m. The snack shack is open for hotdogs and nachos and other snacks so come early for dinner. The Progressive Pot has been building and is now More than \$400!!! BINGO night in September will be September 18. Bingo is in the Ranch. Come try your luck and share the evening with other members. A 50/50 pot is also offered.

Board President Calvin Stilwell will offer **bridge lessons for beginners** on Tuesdays In September at 10:30 a.m. til noon. Tasca member Ellen Woodard will also offer **Mahjonn lessons** on Wednesdays in September at 11:30 a.m. til 12:30 p.m. FYI Several members are investigating information for possible day trips for members to take part in. A survey on this will be distributed for your input.

Also we are looking at offering more courses from the Area Agency on Aging. Options include: Chronic Disease SELF management or Diabetes self-management and a course on Chronic Pain self-management. If you are specifically interested in these courses – which are **free** – please let Patti know your preference. The courses are about two hours a week for six weeks each. Due to other scheduled activities in the building these would probably be taught on Wednesday mornings when we have open classrooms but this is not firm yet and the courses would fall in the early months of 2024! So we are just beginning to plan for this.